

First Name	Last Name	City / Province	Website	E-mail	Degrees / Designation	Client Population	Primary Issues Treated	Primary Approaches	Languages
Christine	Lee	Oak Bay, NB	www.christinelee.co	christine@christinelee.co	MA, RP, CCC, SEP	14+, adults, individuals, couples, families	Anxiety, depression, trauma, relationship issues	Somatic Experiencing, Emotionally-Focused Therapy, Mindfulness, Attachment Re-patterning	English
Sheilagh	O'Sullivan	Angus, ON	www.osullivanpsychotherapy.com	osullivanpsychotherapy@gmail.com	MA, RP	16+, adults, individuals, families, groups, adoption constellation	Loss / Grief, Chronic / Life-limiting / Terminal Illness, Hospice Palliative Care, Compassion Fatigue / Burnout	Existential Anxieties, Psychodynamic, Narrative Therapy, Attachment Repatterning	English
Daniel	Parker	Pembroke, ON	www.dparkerpsychotherapy.ca	parkepsychotherapy@gmail.com	MA, RP (Qualifying)	8+, children, youth, adults; individuals, couples, families; adoption/foster	Marriage/Relationships, Families issues, addiction, trauma, anxiety, depression	Cognitive-Behavioural, Psychodynamic, Mindfulness, Emotion-Focused, Attachment	English
Madison	Sayers	GTA, ON	www.sayerscounselling.ca	info@sayerscounselling.ca	MA, RP (Qualifying)	child, youth, adult, couples, families	Stress, depression, anxiety, substance abuse, anger management, relationship and communication problems, trauma, behavioural problems	Cognitive-Behavioural, Mindfulness, Dialectical, Narrative, Emotion-focused, Solution Focused, Family Systems	English
Julie	Clarke	Almonte, ON	julieclarketherapy.com	julie@julieclarketherapy.com	BCYC, MACP, RP	18+, individuals and parent consultation	Behaviour concerns, anxiety, depression, trauma, relationship	Attachment, Solution-focused, Narrative, Mindfulness, Somatic Experiencing, Psychodynamic, Cognitive-behavioural	English
Jason	Evans	Vancouver, BC	jevanscounselling.ca	jevanscounselling@gmail.com	MA, RCC	14+, individuals, couples	Anxiety, depression, relationship issues, life transition, performance	Mindfulness, Cognitive Behavioural, Solution Focused, Emotionally Focused, Attachment	English
Debra	Coffey	Edmonton, AB	www.facebook.com/HealthstreamWellness	debra@healthstreamwellness.com	MPCC, RPC, Certified EFT Practitioner	individuals, families, couples	Health, Pain, Trauma, Depression & Anxiety, Stress, Grief & Loss, Wellness, Emotional Eating, Caregivers, Anger	Emotional Freedom Technique, Positive Psychology, Solution Focused, Client Centred, Cognitive Behaviour, Tool Box Building, Holistic	English
Sabine	Cox	Cookstown, ON	http://sabinecox.com/	sabine@sabinecox.com	RP, MPCC	18+, individuals; supervision for therapists	life transitions, anxiety, depression, self-confidence and self-understanding	Client-centred, psychodynamic, transpersonal, holistic, mindfulness,	English
Anne	Klein	Calgary, AB	www.therapyforpeople.com	anne@therapyforpeople.com	B.COMM, M.A, CCC (Q)	Individuals, couples & families	Trauma, depression, anxiety & insomnia and addiction	Motivational Interviewing, Advanced Integrative Therapy (AIT), Energy Psychology, Transactional Analysis, Re-Decision Therapy, Gestalt Therapy, Attachment	English
Sarah	Terwilligar	Ottawa, ON	http://www.solsticecounselling.online	solsticecounselling@gmail.com	BScN, RN, MACP (In progress)	Child, youth, adult, families, parents	Eating Disorder, Disordered Eating, Parenting Concerns, Anxiety, Depression,	Family Based Therapy, Cognitive Behavioural Therapy, Narrative Therapy, Mindfulness,	English
Tracy	Larson	Prince George, BC	http://www.hmlwellness.com	hmlwellness@gmail.com	MA, RCC	Individuals, youth 12+, couples & families	Anxiety, depression, addiction, trauma, stress, grief and loss, parenting, relationships, sleep difficulties	Client-centered, Emotional Focused Therapy, Cognitive Behavioural Therapy, Mindfulness, Solution Focused Therapy	English
Stephen	Roberts	Red Deer, AB	www.guidanceprofessionalservicesinc.com	gpsinc@telus.net	MA, RPC, MPCC, Certified in Brainspotting	Child, Adolescent, Adult, Individual, Couples, Family	Trauma, Depression, Anxiety, Suicide Ideation, Sports Performance, Creativity/Enhancement, Most issues	Brain Body Therapies (Brainspotting, Somatic Experiencing), Neuroscience, Attachment, Psychodynamic, CBT, Gottman Couples Therapy, Emotional Focused Therapy	English
Jane	Courtney	Vancouver, BC	www.trelosangeles.com	jane@trelosangeles.com	RN, SEP, TRE	Adult, Teen	Trauma, Chronic Pain, Accident recovery,	Somatic Experiencing, Somatic Relational Therapy, Tension Release Exercises (TRE)	English
Lucia	Gallegos	Toronto, ON	www.lucitherapy.com	lucitherapy@outlook.com	MA, RP (Qualifying)	Adult, individual	Grief, Loss, Pain, Relationships, Acculturation and Adaptation issues, Life Transitions	Existential, Client-centered, Mindfulness, Psychodynamic	English, Spanish
Kate	Pinsonneault	Courtenay, BC	www.SeahorseCounselling.ca	SeahorseCounselling@gmail.com	IMHC, MACP, RCC	Children, adults couples, family	Early trauma, attachment, relationships, stress, parenting, life transitions	EMDR, IFS, mindfulness, Attachment, Narrative therapy, Gottman Couple Therapy, Emotion Focused therapy, somatic, psychoeducational	English
Alisa	Pigeon	Stratford, ON	http://www.rgapsych.com/bios/apigeon.html	alisa@rgapsych.com	MA, RP (qualifying)	Teens, Adults, Couples	Anxiety, Depression, Stress, Grief, Marriage/Relationship, Anger,	Client Centered, Mindfulness, Cognitive-Behavioural, Gottman Couple (in process), Emotion Focused	English
Sarah	Patrick	Abbotsford, BC	www.sarahpatricktherapy.com	sarahpatrickservices@gmail.com	MA, RCC	Children, adults couples, family	Anger, Depression, Anxiety, Relationships, Trauma	Cognitive Behavioral Therapy, Emotion Focused Therapy, Psychodynamic, Narrative Therapy, Solution Focused Therapy, Acceptance and Commitment Therapy	English
Sandy	Johnston	Barrie, ON	www.empoweringcounselling.ca	sandy@empoweringcounselling.ca	MACP, RP, RPC, MPCC	Children, adults couples, family	Trauma and Traumatic grief; PTSD, anxiety, depression,	Client Centered Therapy, Emotional Freedom Technique, Emotional Focused Therapy, Cognitive Behavioural Therapy, Narrative Therapy, and Psychodrama.	English
Julia	DeLong	Halifax, NS		juladelong@familydevelopmentcentre.ca	MACP, RCT-C	Children, adults couples, family			
Christina	Crowe	Caledon, ON	www.christinacrowe.ca	christina@christinacrowe.ca	MACP, RP (qualifying), Certified OACCPP	adolescents, adults, couples, family	depression, anxiety, grief, stepfamilies, transitions, chronic illness, cancer-related trauma.	Eclectic mix of client centred Emotion Focused Therapy, Cognitive Behavioural Therapy, Solution Focused Therapy & Mindfulness Based Stress Reduction	english
Nadia	Serry	Vancouver BC	www.pureintentions.net	nadia@pureintentions.net	MA, RCC, CCDP, CT	Adults, Youth, Children	Immigration, Refugees & Settlement; Cultural Conflicts & Diversity (gender, ethnic, religious, disabilities); Chronic illness; Life Transitions; Work and Career Change; Persons and Families of Persons with Developmental Disabilities; Career Realization for Youth; Trauma & Stress; Spiritual Development and Self Realization	Client Centered Therapy; Solution Focused Therapy; Cognitive Behaviour Therapy; Gestalt Therapy, Art and Movement Therapy; Mindfulness	English; Arabic (Dialects)
Talia	Camozzi	Burnaby, BC & Revelstoke, BC	www.taliacamozzi.com	taliacamozzi@gmail.com	MACP, RCC	All ages (children, youth, adults, seniors), individuals, couples	Anxiety, depression, self-harming, relationships, communication, overwhelm, burnout, parenting, highly sensitive people, sexual abuse, trauma, depression, anxiety, PTSD, ADHD, OCD, depression, and/or chronic illness.	Eclectic, client centred approach. Existential, Solution Focused, Hypnotherapy, Mindfulness, Narrative Therapy, and Dialectical Behavioural Therapy.	English